

SABINE COUNCIL ON AGING, INC.  
DIRECTOR'S REPORT  
June 25, 2009

Another year has almost been completed and it is with great pride that in reviewing our accomplishments, I have no regrets. We have increased participation, finished some worthy projects, and met many new friends. Now we just have to get busy and start our new FY2010 with a bang! With the Fourth of July next week, this shouldn't be too difficult to do.

Our fourth Community Dance at the Toledo Center facility was held on Friday, June 19<sup>th</sup>. Each month we choose a theme for the dance and June was a Beach Party theme. We all donned our "clam diggers", decorated with sand buckets and beach things and had a great time. The dance is held each month on the third Friday night from 7pm until 10pm. Next month, on July 17<sup>th</sup> we will be celebrating with a Patriotic Theme, so put on your stars and stripes and come on out to join the fun.

The free kidney screening provided by the National Kidney Foundation was a great success. We had approximately 65 people get tested for kidney disease and related disorders. Each participant received information about healthy choices for maintaining good kidney function. Mrs. Julie Gable, Program Services Director with the National Kidney Foundation of Louisiana, said she would like to make this an annual event, depending on funding.

Our Annual Fan Drive, in which we partner with Cleco, is underway. Cleco employees donated 50 fans to get the drive rolling and we were fortunate to have many more donations to help us reach seniors and families in need. The heat index has already risen to such an extent, we know these fans will be put to good use.

The month of May has shown us that we will indeed reach our budgeted service units for this year. In May we served 1,306 Congregate meals at our meal sites and delivered 3,976 meals to Home Bound seniors. We provided 137 units of homemaker service for our seniors, 214 hours of Caregiver services, and 67 contacts have been made for Outreach, Information & Assistance. We provided 662 units of transportation, 353 units of wellness, and 1,574 units of recreation.

Friday, June 26<sup>th</sup>, we will host our bi-monthly Food for Seniors distribution. At this time, all seniors who are signed up in the program will receive 80 pounds of staples including dried beans, pasta, cereal, fruit juice and canned vegetables. This is a Catholic Charities program which we help facilitate and is income based. We currently serve 411 seniors, and maintain a waiting list for this program.

Be sure to check our July calendars for current events and special activities. A complete calendar, listing all the regularly scheduled activities is available by calling our office 256-4140 or checking out our website ( [www.sabinecoa.com](http://www.sabinecoa.com) ).

Respectfully submitted,  
Linda Rigsby  
Executive Director