

SABINE COUNCIL ON AGING, INC.

DIRECTOR'S REPORT

March 27, 2008

Can time fly any faster?? It seems like only yesterday we were discussing the possibility of opening a site in the Toledo Town area, and now we are up and running beautifully at the new Toledo Center. Each day at the Council on Aging we face new challenges and experience new growth. All these things are good for us and good for the seniors of Sabine Parish. We have so many plans and are seeing many of them come to fruition with wonderful results.

Progress is steadily being made at the Toledo Center. The small meeting room will soon be available for use and plans are in the works for changes in the kitchen, restrooms and offices. We will begin serving meals at the new site on April 7<sup>th</sup>, and already have a home delivery route in place in the area. Sarah, Karen and Jenny have many activities on their calendar including a weekly coffee hour, monthly game day, MWF exercise hour, Scrabble and Needlework on Tuesdays and Quilting on Fridays. Other activities being planned for the near future include Line Dancing, Scrapbooking, Digital Camera classes and seminars. Anyone interested in participating in these activities can call the Toledo Center at (318) 256-0059 for more information.

The Council has also been busy with our regularly scheduled services and our number of units are continuing to grow. In February we served 1,149 Congregate meals at our meal sites and delivered 4,194 meals to Home Bound seniors. We provided 193 units of homemaker service for our seniors, 217 hours of In-Home Respite for area Caregivers, and 133 contacts have been made for Outreach, Information & Assistance. We provided 551 units of transportation, 852 units of wellness, 1,374 units of recreation and 103 calls to seniors were made for Telephone Reassurance.

March was a beautiful month and our seniors enjoyed many fun times at all of our Senior Centers. A shopping trip to Shreveport was enjoyed by many on March 11<sup>th</sup>, Bingo is still a favorite activity and each center celebrated the Easter season with games, food and fun. It looks like April will be busy as well. Judy has planned a Birthday party for the 1<sup>st</sup>, Volunteer Appreciation Day on the 8<sup>th</sup>, Game Day on the 22<sup>nd</sup>, Arbor Day on the 25<sup>th</sup>, and seminars on the 15<sup>th</sup> and 29<sup>th</sup>. And this is only at the Legacy Building. Each Meal Site Manager has different activities planned for their center.

Respectfully submitted,  
Linda Rigsby, Executive Director